

Jasmuheen



AMBASSADOR for the EMBASSY OF PEACE

<http://www.jasmuheen.com/living-on-light/>



Jasmuheen Background regarding Pranic Living:- Jasmuheen writes: "I am an Ambassador of Peace. My focus is to feed the children of our world the nourishment that they need. While a child dies every 2 seconds we cannot say that we live in a civilized world. Some may say that this is due to lack of both correct resource distribution and holistic education. Yes it is true that since the early 1970's, I have been experientially researching ancient, alternate nourishment sources that can feed us all - on physical, emotional, mental and spiritual levels - so that we can co-create a peace filled, healthy and harmonized world. Yes it is true that there is a free, limitless inner resource that can unhook us from our dependence of our world's resources and release us from many perceived human limitations. I call the more recent research we have done on this resource, The Prana Program." Please note: On the 07-07-07 Jasmuheen founded the Embassy of Peace with its tools and Personal, Global & Universal harmonization Programs & projects to co-create permanent peace in our world. This is the sole focus of her work now. Video - Jasmuheen on her background with Pranic Nourishment

- 1993 - Began to live purely on prana after undergoing a specific spiritual initiation.
- 1993 - Began a 17 year intense experiential research study on the nourishment from prana phenomena.
- 1995 - Wrote & released the Book "Pranic Nourishment" also known as Living on Light.
- 1995 - 1998 - Toured globally to share research on this reality.
- 1996 - Began a massive re-education program - via the Global Media - regarding prana as nourishment/resource stream.
- 1996 - 2004 - Talked about Divine Nutrition to > 900 million via the global media.
- 1997 - Began to set up various scientific research projects for Living on Light.
- 1998 - 1999 - Wrote and published Ambassadors of Light - World Health World Hunger Project.
- 1999 - Began contacting World Governments & speaking with select ministers regarding solutions to eliminate world Hunger and Health issues.
- 2002 - 2003 - Wrote The Food of Gods as a safer, more gentle alternative for people to convert to pranic nourishment.
- 2003 - World Tour to promote "Divine Nutrition and The Madonna Frequency Planetary Peace Project".
- 2004 - Wrote The Law of Love with its focus on true breatharianism techniques, then toured with "The Law of Love and Its Fabulous Frequency of Freedom" agenda.
- 2005 - Began work on The Prana Program manual with its Prana Program Project specifically for eliminating hunger issues in Third World Countries.
- 2005 - Presented THE PRANA PROGRAM to the Society for Conscious Living at the United Nations Building in Vienna - Nov. 2005 & later at the UN in New York.
- 2006 - International tour with THE PRANA PROGRAM.
- 2006 - Filmed the documentary "In The Beginning There was Light" with Peter Straubinger - released at Cannes film festival in 2010.*
- 2007 - Launched THE EMBASSY OF PEACE on 07-07-07 & began training programs for Ambassadors of Peace & Diplomats of Love.
- 2008 - Appointed President of the Global Congress of Spiritual Scientists Pyramid valley, Bangalore India. Began to implement The Prana Program in India.

2010 – Attended Kumbh Mela, Haridwar, India, to discuss pranic living with Indian's top Swamis & Yogis.

2010 – Toured with the Harmonics of the Heavenly Heart & Pranic Living Agenda & began to write/download the Pathways of Peace Pragmatics book.

2011 - Wrote and released her new book "Breatharian Pathways - Memories & Motivations" & also delivered the Pathways of Peace tour with its 12 Paths of Peace.

2012 - Jasmuheen's focus is on BEing Essence

2013 Jasmuheen focussed on the Upgrade program including upgrading to Cosmic Micro-fuel nourishment and sharing the Outside in and Inside Out nourishment categories.



Jasmuheen & her Global Role with Living on Light

Jasmuheen states - In our book *The Prana Program*, we shared that my role with this was as follows:-

1. Discover The Prana Program's gifts and live it all experientially thus proving to myself beyond a doubt its infinite possibilities as outlined in all of our books. This is a journey I intuitively began preparation for as a child. (See my book *Breatharian Pathways - Memories and Motivations*.)

2. Research all that I could on the subject, write about it and offer my research to the world in a pragmatic and simple way as possible. This included researching and simplifying data in the ancient and hidden mystery schools, and personally undergoing various alchemical initiations.

3. Be a bridge regarding The Prana Program between the eastern understanding, and my own experience of prana, and introduce the benefits of increasing the pranic flow as widely as possible to the West, in a way that supports the paradise agenda.

4. Find and support other proponents of this – Hira Ratan Manek, Zinaida Baranova, the Bigu states in the Qigong networks –and introduce their methodologies through our networks.

5. Be a media spokesperson for The Prana Program and via holistic education principles utilize the media to anchor The Prana Program reality in the morphogenetic field.

6. Set up both innernet and internet communications systems to share our research en mass as per my constant touring, books and websites.

7. Introduce The Prana Program and its benefits through political networks, and formulate an effective program to combine and share our research with existing aid and resource redistribution programs via the United Nations and others.

Over the last decade we have achieved points 1 to 7 and have been supported by great Grace as we always are when we fulfill our blueprint. It was not in my blueprint to give a year or two of my time – as Hira Ratan Manek the solar gazer has done – to personally be involved with extensive medical and scientific testing. Yet it was in my blueprint to act as a cosmic reporter and share the results of Hira's testing which has essentially proven the same thing – that a person can access enough prana, as an alternate form of nourishment so that they are free from the need to take physical food.

With all of this accomplished it is so nice to now move on to the more pragmatic applications of the agendas of the Embassy of Peace, knowing that people will experience this freedom of pranic living in their own time, when their resonance is right and when their hearts are open to such things. Fulfilling our pre-agreed agendas as joyously and with as much integrity as we can is always such a satisfying thing to do even though it is sometimes tempting to look back and see easier pathways to achieve it all. Still we do what we can as best we can in any given moment and from all of this we grow and learn.

- To understand more of Jasmuheen's training for this please read her *Breatharian Pathways - Memories & Motivations* book. Click [here](#) for more on this.

* During the past decade Jasmuheen has filmed countless documentaries for education into the pranic nourishment reality.