

# Jasmuheen

AMBASSADOR for the EMBASSY OF PEACE

<http://www.jasmuheen.com/living-on-light/>



**RELEVANT YOUTUBE VIDEOS** regarding living on light & pranic nourishment:-  
Alternate nourishment sources for efficient personal & global resource usage.

- **New video on the Age of the Breatharian**. Has the age of the Aquarian ushered in the age of the Breatharian? According to Jasmuheen, one of the leading researchers in this field of alternate nourishment, the answer is yes! She shares that with our pineal glands producing more DMT and a change in general consciousness in our world, many new fields of potential being presented to all who are open to living in more harmony with Mother Earth – as Jasmuheen also states – when we increase our chi (our pranic life force) we get healthier and happier.
- **OUTSIDE IN and INSIDE OUT FEEDING** – Update with JASMUHEEN – from carnivore to breatharian and the stages in between plus **Cosmic Micro-Fuel** – 2013 Update on this alternate nourishment source.
- In depth interview with Jasmuheen – Parts 1 to 5 on **the 21 day process** and more – [Click here](#).
- Interview with P.A. Straubinger, creator of the movie “In the Beginning There was Light” (IBTWL) & Bigu Master Tianying Part 1 & Part 2.
- Other relevant YouTube Videos to enjoy plus the Bigger Picture; the pragmatic Prana Program project; Jasmuheen’s global role with living on light & The Prana Program in Brazil & India.
- Supreme Master TV videos on other people living on prana.
- Guided meditation with Jasmuheen to increase your pranic flow – 28 minutes – [click here](#).
- Jasmuheen’s interview with SupremeMasterTV - [Part 1](#), [Part 2](#), [Part 3](#), [Part 4](#), [Part 5](#)
- Interview with Jasmuheen for In The Beginning There Was Light – A relaxed view of Jasmuheen as she shares her background and personal journey with being nourished by prana, the 21 day process, her childhood, her training and esoteric reality and years of meditation, channeling and divine guidance, intuition, public and media response to this reality, her personal and social adjustment, quantum intelligence and self mastery, energy field science, Prahlad Jani and other breatharians, food as fuel, personal experimentation plus more. [Click here to view](#). A new year, a wise use of our resources
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- The complete 2 hour interview that Jasmuheen did in 2006 for the movie IN THE BEGINNING THERE WAS LIGHT – virtually unedited & never before seen in this way – As there are no additional visuals, this video is only for those who are sincerely interested in her work. We released Part 1 of this earlier – with additional visuals – so for those who have seen that, then go to around 32 minutes of this video to see the balance.
- Pathways of Peace YouTube Video with Jasmuheen on her journey with her work.
- Pranic Living – insight into what this is really about plus The Western Breatharian – introduction.
- Jasmuheen at Raw Spirit Festival discussing the 8 point Luscious Lifestyles Program for pranic living.
- Sensible Transitions for living on prana plus testing our prana percentage plus The Breath test – in English & Portuguese. A way of receiving pure inner guidance and answers.

- [Breatharian & Prana](#) – Living on Light YouTube playlists;
- [The Global Picture:- Jasmuheen on prana & the world's resources](#); [The Prana Program](#) – introduction video to series on eliminating world hunger. These are also listed below.
- [Heart Talk – Higher Dreaming](#) - Pranic Living with Jasmuheen - In this video Jasmuheen speaks from her heart about Earth's rising – here now – higher dreaming, enjoying oneness, united heart rhythms, divine delusions and pranic living.
- Jasmuheen in Belgium 2008 with Paul Codde commenting on [the new children](#) and their expectations of higher standards.
- [Interview with Jasmuheen](#) – Bridging Heaven & Earth plus [Interview with Paula Gloria](#) – Jasmuheen in New York.
- Interdimensional Energy Field Science video [playlist](#); also see all the videos in our [Personal Harmonization Programs](#) playlist – these are designed to increase personal & global harmony, health & happiness levels.
- Living on Light – [Nourishment from Source](#)
- Media Insights:- [Jasmuheen & 60 Minutes](#); [Skeptics & The Media](#) - The German philosopher, Arthur Schopenhauer said: "All truth passes through three stages. First, it is ridiculed. Second, it is violently opposed. Third, it is accepted as being self-evident." Schopenhauer, like leading prana researcher Jasmuheen, was a student of the Vedas, from which the very first information about prana has come. Prana is the energy behind the breath, it is also the energy that allows the divine to dance so evidently within the universe.