



# THE LAW OF LOVE

## with Jasmuheen

I include the following introduction to my new book here as learning to work with the law of love and to experience Its gifts is something that so many are now consumed with. Enjoy. - Jasmuheen

Some people may say that the type of freedom that I propose in this journal is something that is impossible or miraculous. Some may say that it all defies the law of nature yet that is what miracles do, they are events that operate beyond our known laws of science. What we have forgotten is that the laws of nature and the laws of science are driven by the Law of Love.

For a long time I have found myself walking between the worlds, experiencing enough of the gifts of the more subtle realms, to know that Freedom is more than just a heart song and that like the river of Grace, Freedom pulses a certain beat, a rhythm in our blood.

I've long held to the theory that the elements of the fields can be woven together into a rhythm of such perfect harmony that time and age and death and limitation all suspend themselves and become replaced by the self rejuvenating river of the now. A space of being and a place of feeling, where the true Tantra of the Tao is witnessed, then experienced and enriched as it itself enriches, a space where as the watcher we get to recognize and experience miracles. I have also discovered in this journey that miracles belong to the realm of science and that our ability to recognize this is tied to our ability to understand the law of love.

Somehow I had hoped when I completed the third book in the Divine Nutrition Series, The Food of Gods that it would be the last I would choose to write on the subject. However it seems that I am to enter into another level of personal initiation that my inner one is now inviting me to record. I don't know how instructive this book will be, or if it will be just a book of stories, but I do know that it will be a book that I will write from my heart, a book that is destined to speak to the hearts of those who seek to be a little freer. Perhaps it may even be a book that will bring miracles for miracles are the nature of the Law of Love.

While I feel that I have written enough on the theory of Divine Nutrition and supplied more than enough techniques to tune into Its channel, what I haven't done since 1994 is reveal much of my own personal journey nor have I shared enough of the wonderful people who continue to cross my path, the Freedom seekers and miracle makers whose presence continues to challenge the status quo.

On one level, my personal journey in expanding my own boundaries has been limited as it has taken me nearly 11 years to explore and adjust to the "no food, no sleep" Freedom game and to also take all our personal experiential research to the global stage and to try and understand the miracle of it all. Here we have gathered thousands of like minded people, Freedom seekers like me who are active in the game of either seeking or making miracles. Sometimes I have taken 3 steps forward then 2 backwards or 1 forward and 3 backward as I've learnt the operation of the fields and how to utilize their inner and outer energy flows to my maximum potential. All of it has been invaluable.

Still, 11 years is a long time to explore something fully – to live it, to deal with the repercussions of the choice and to also provide enough educational data to be free from ignorance and its fears.

It hasn't been an easy path, for there have been no manuals to read, no set guidelines to follow and no obvious rules, until at last we came to understand the science of the fields which means understanding how the energy flow within and around us can be altered by our will and thought and action. Science comes when a model can be duplicated and repeated so if miracles can be found to be based on a model then they too can be repeated and be known as science.

In a nutshell every human bio-system is driven by Divine DNA codes that support us into Freedom, a part of our nature that our culture and time and our cyclical human experience seem to have overridden and hidden deep within, veiling the Freedom codes within us, while somehow simultaneously pulsing a message that says from deep within us 'yes of course there is more'. And so are born the miracle seekers.

The dance of Freedom is a complex one until we understand not just the science of the fields but also how the universe is pre-programmed to recognize and respond to a human bio-system. When we understand this, doors of limitless possibility reveal themselves to us and beckon us to enter and explore and if we are open, teach us how to be the makers of miracles.

There are things that some people accept as normal while others see as unnecessary, or as anomalies in the field, things that can be retuned and realigned. Yet as I travel this world sharing of our research of the fields I continually find within people the desire to be free and to know miracles. Some desire Freedom from the need to age or die, or Freedom from the need to create disease or even to eat or drink or sleep. Others desire Freedom to control the molecules of our bodies so that the universe supports us in a limitless river of synchronicity and joy and Grace. To witness these things come into being, is often called a miracle. I wrote in *The Food of Gods* that this type of Freedom is what I have come to call Level 3 in the Divine Nutrition Program, a level where we know how to release enough Love or Divine Nutrition through our systems so that everything comes into a miraculous state of perfect balance and harmony.

This journal thus becomes my journey through these doors, a journey to what the Buddha calls the pure land and Its gift of miracles. Some people may feel inspired to join me on this journey for as you read through these pages something within you may respond in excitement, for perhaps this is part of your journey too. If that is so then please note that some aspects of this journey should not be attempted until you have understood and applied the principles and meditations in the books *In Resonance* and *The Food of Gods*.

Some people may see this level of Freedom as a restrictive lifestyle choice, because there are certain lifestyle actions we need to implement and maintain in order to manifest these Freedoms; yet to others this level of Freedom opens within them hitherto unimagined doors that when accessed bring their own sublime rewards. I call these ones the seekers of miracles.

As this journey has unfolded, I found myself receiving more and more data from Universal Mind – data regarding destiny and how we can sideline ourselves, data and tools re how to achieve real freedom, data on how to create miracles and how to apply them to the world and data on prophecy and the crossroads of choice. I was also guided to summarize all the freedom tools in the chapter on Matrix Mechanics, a science that has fascinated me for nearly a decade and so once again this book, like all that I tend to download, has developed a flavour unique to itself. All I can do is trust that it will find its place of relevance within our changing world.

Namaste Jasmuheen