



JASMUHEEN - Biography & Background - www.jasmuheen.com

Jasmuheen's main service agenda is the raising of consciousness to create a healthy, harmonious world. To support this she is the author of 38 metaphysical books that are published in 18 languages; the Founder of the Embassy of Peace and implementer of its Personal, Global & Universal Harmonization Projects; she is also an Ambassador of Peace for the Madonna Frequency Planetary Peace Program; Pranic Living & eliminating global hunger; international lecturer on metaphysics, ascension & interdimensional energy field science. Jasmuheen is also a leading researcher on the controversial pranic nourishment reality & Darkroom Training facilitator; founder of the Self Empowerment Academy; facilitator of the C.I.A. – the Cosmic Internet Academy; publisher & film-maker; artist presenting Sacred Art Retreats, musician & President of the Global Congress – Pyramid Valley, Bangalore, India.

On Pranic Living Jasmuheen writes: "Pranic Living is not a diet - it is an ascension into more refined evolutionary paths on both individual then global levels! As vast multi-dimensional beings, we have limitless access to a source of internal nourishment (prana-chi) that constantly bubbles champagne-like throughout the matrix of life. This pranic stream acts as a type of glue to bind our creations and help with our manifestations to bring more Grace into our lives. Meditation allows us to go deep within the inner silence to discover and experience this pranic flow in all its forms and as we focus upon it we become immersed within it and so find ourselves ascended and transformed. Increasing our personal internal & external chi flow like we do in our gatherings and retreats can rid our world of all of all its hungers and bring about a state of global harmony and permanent peace and so our international tours seminars and retreats continue with this focus."

As many are now aware, metaphysical author Jasmuheen has spent the last four decades studying the rhythms of the field of Divine Love to the degree that in 1993 she discovered its ability to provide nourishment on not just emotional, mental and spiritual levels but also on a physical level. She then toured extensively sharing this with all those open to experience this different way of being nourished, continually also offering deep meditations within the field of love that will align us more powerfully to this nourishing force so that our presence enhances human evolution in ways that benefit us all. Pranic living then gave birth to the Embassy of Peace with its pragmatic Programs & Projects of Personal, Global & Universal Harmonization.

JASMUHEEN'S BACKGROUND Timeline

- ❖ 1957 – Born in Australia to Norwegian immigrants
- ❖ 1959 – Began focus on vegetarianism
- ❖ 1964 – Began to study Chi
- ❖ 1971 – Discovered the Languages of Light
- ❖ 1974 – Initiated into Ancient Vedic Meditation and eastern philosophy
- ❖ 1974 – Began periodic fasting
- ❖ 1974 – Discovered telepathic abilities
- ❖ 1975 - 1992 – Raised children, studied and applied metaphysics, enjoyed a 10 year career

in finance and computer programming

- ❖ 1992 – Retired from the corporate world to pursue metaphysical life
- ❖ 1992 – Met many Masters of Alchemy including those from the Great White Brotherhood the Higher Light Scientists from Arcturius and the Intergalactic Federation of World's Council
- ❖ 1993 – Underwent the Prana Initiation to increase her chi flow and began to live on light
- ❖ 1994 – Began an intensive 14 year research project on Divine Nutrition and pranic nourishment
- ❖ 1994 – Began her global service agenda with the Ascended Masters
- ❖ 1994 – Received the first of 5 volumes of channeled messages from the Ascended Masters
- ❖ 1994 – Wrote the metaphysical manual *In Resonance*
- ❖ 1994 – Founded the Self Empowerment Academy in Australia
- ❖ 1994 – Began to hold classes in metaphysics and Self Mastery
- ❖ 1994 – Began *The Art of Resonance* newsletter renamed later as *The ELRAANIS Voice*
- ❖ 1995 – Traveled extensively around Australia, Asia and New Zealand sharing Self-Mastery research
- ❖ 1995 – Wrote *Pranic Nourishment (Living on Light) – Nutrition for the New Millennium*
- ❖ 1996 – Invited to present the Pranic Nourishment research to the Global stage
- ❖ 1996 – Began an intensive re-education program with the Global Media
- ❖ 1996 – Set up the International M.A.P.S. Ambassadry – Established in 33 countries
- ❖ 1996 – Created the *C.I.A. – the Cosmic Internet Academy* – a free website to download data for positive personal and planetary progression. Web address:
www.selfempowermentacademy.com.au
- ❖ 1996 - 2001 – Traveled extensively to Europe, the U.K., the U.S.A. and Brazil with the 'Back to Paradise' agenda
- ❖ 1996 - 2004 – Talked about Divine Power and Divine Nutrition to > 900 million via the global media
- ❖ 1997 – Began to set up scientific research project for Living on Light
- ❖ 1997 – Began the *Our Camelot Trilogy*, wrote *The Game of Divine Alchemy*
- ❖ 1997 – Formed the M.A.P.S. Ambassadry Alliance – people committed to global harmony and peace
- ❖ 1998 – International tour to share the Impeccable Mastery Agenda
- ❖ 1998 – Wrote *Our Progeny – the X-Re-Generation*
- ❖ 1999 – Wrote the *Wizard's Tool Box* which later became the *Biofields and Bliss* Series.
- ❖ 1999 – Wrote *Dancing with my DOW : Media Mania, Mastery and Mirth*
- ❖ 1998 - 1999 – Wrote and published *Ambassadors of Light – World Health World Hunger Project*
- ❖ 1999 – Began contacting World Governments regarding Hunger and Health Solutions
- ❖ 1999 – International tour to share the Blueprint for Paradise
- ❖ 1999 - 2001 – Began M.A.P.S. Ambassadors International Training Retreats
- ❖ 2000 – International tour 'Dancing with the Divine' to facilitate the election of an Etheric Government in 28 key cities and also shared the Luscious Lifestyles Program – L.L.P.
- ❖ 2000 - 2001 – Wrote *Cruising Into Paradise* an esoteric coffee table book
- ❖ 1999 - 2001 – Wrote *Divine Radiance – On the Road with the Masters of Magic* and
- ❖ 2001 – Wrote *Four Body Fitness : Biofields and Bliss* Book 1
- ❖ 2000 - 2001 – Launched the OPHOP agenda One People in Harmony on One Planet
- ❖ 2001 – Wrote the book *Co-Creating Paradise : Biofields and Bliss* Book 2
- ❖ 2001 – Launched Recipe 2000> as a tool to co-create global health and happiness; peace and prosperity for all on Earth
- ❖ 2002 – Launched www.jasmuheen.com with its Perfect Alignment Perfect Action Holistic Education Programs; and its I.R.S. focus to Instigate, Record and Summarize humanity's

co-creation of paradise.

- ❖ 2002 – Did the 'Divine Radiance FOUR BODY FITNESS – Unity 2002' World Tour
- ❖ 2002 – Received, wrote and launched *The Madonna Frequency Planetary Peace Program* as the free e-Book, Biofields and Bliss Book 3.
- ❖ 2002 - 2003 – Wrote *The Food of Gods*.
- ❖ 2003 – World Tour "Divine Nutrition and The Madonna Frequency Planetary Peace Project".
- ❖ 2004 – Wrote *The Law of Love* then toured with "The Law of Love and Its Fabulous Frequency of Freedom" agenda.
- ❖ 2005 – Wrote *Harmonious Healing and The Immortals Way*, then toured with the "Harmonious Healing" agenda.
- ❖ 2005 – Began work on The Freedom of the Immortals Way plus continued with writing *The Enchanted Kingdom* Trilogy & *The Prana Program* for Third World Countries.
- ❖ 2005 – Presented THE PRANA PROGRAM to the Society for Conscious Living at the United Nations in Vienna – Nov. 2005
- ❖ 2006 – International tour with THE PRANA PROGRAM
- ❖ 2007 – International tour focus on THE SECOND COMING and SECOND CHANCE DANCES.
- ❖ 2007 – Launched THE EMBASSY OF PEACE on 07-07-07 & began training programs for Ambassadors of Peace & Diplomats of Love.
- ❖ 2007 – Released the book *The Bliss of Brazil & The Second Coming*
- ❖ 2008 – Released *The Enchanted Kingdom* Series after 6 years of writing *The Queen of the Matrix*, *The King of Hearts* and *Elysium*.
- ❖ 2008 - Toured with the Future Worlds Future Humans agenda and begins more intense work in India.
- ❖ 2008 – Appointed President of the Global Congress of Spiritual Scientists Pyramid valley, Bangalore India.
- ❖ 2008 – Released the coffee table books *Sacred Scenes & Visionary Verse* plus *Cruising Into Paradise*.
- ❖ 2009 – Released and toured with the *Universal Harmonization Program* for the Embassy of Peace, focusing on research into extraterrestrial intelligence.
- ❖ 2009 – Released her book *Meditation Magic*
- ❖ 2009 – Began writing *Cosmic Wanderers* – book 4 in the Enchanted Kingdom series
- ❖ 2010 – Jasmuheen continues her work in South America and India and tours with the Harmonics of the Heavenly Heart & Pranic Living Agenda
- ❖ 2010 – From 2009 to 2011 Jasmuheen focused on providing free VIDEOS for education & entertainment on her YouTube Channel, plus creating education DVD's, art & music. Jasmuheen's YouTube channel now has over 500 free educational videos - <http://youtube.com/jasmuheen>
- ❖ 2011 – Released her *Pathways of Peace Pragmatics* book then toured and offered her YouTube videos on this.
- ❖ 2011 – *Siriana's Adventures – Earth Bound* book released. The first in her new children's series.
- ❖ 2012 – Jasmuheen released her *Being Essence* booklet and this was the focus of her world tour. She also completed her *Cosmic Wanderers* book and her travel journal *The Rhythms of Love*. Both released towards the end of 2012.
- ❖ In 2013 her focus continues on her *YES Agenda* and *Peace Paradigms and Programs*.

Jasmuheen's books are now published in 18 languages.

BOOKS BY JASMUHEEN

A selection of JASMUHEEN'S research manuals can be purchased from her website.

- 1) THE ENCHANTED KINGDOM Trilogy - 3 books in one.
- 2) QUEEN OF THE MATRIX - Fiddlers of the Fields with Jasmuheen (book 1 in the Enchanted Kingdom Trilogy)
- 3) KING OF HEARTS - The Field of Love - with Jasmuheen (book 2 in the Enchanted Kingdom Trilogy)
- 4) ELYSIUM - Shamballa's Sacred Symphony with Jasmuheen (book 3 in the Enchanted Kingdom Trilogy)
- 5) The Food of Gods
- 6) The Law of Love & Its Fabulous Frequency of Freedom
- 7) THE PRANA PROGRAM - Effective & Enjoyable Evolution
- 8) PRANIC NOURISHMENT - Nutrition for the New Millennium
- 9) Ambassadors of Light : World Health World Hunger Project
- 10) The Bliss of Brazil & The Second Coming
- 11) In Resonance
- 12) Divine Radiance - On the Road with the Masters of Magic
- 13) HARMONIOUS HEALING & The Immortal's Way with Jasmuheen.
- 14) Darkroom Diary Downloads & The Freedom of The Immortal's Way
- 15) Cosmic Colleagues – Messages from the Masters
- 16) Biofields & Bliss Trilogy
- 17) Four Body Fitness : Biofields & Bliss
- 18) Co-creating Paradise
- 19) 'The Madonna Frequency' Planetary Peace Program'
- 20) Meditation Magic
- 21) Sacred Scenes & Visionary Verse
- 22) Cruising Into Paradise
- 23) Embassy of Peace Programs
- 24) Siriana's Adventures – Earth Bound
- 25) Pathways of Peace
- 26) Being Essence
- 27) Cosmic Wanderers – book 4 in the Enchanted Kingdom series