



2013 - the year of
YES!
UPGRADES with JASMUHEEN
supporting paradigms of peace



Renaissance ... To be reborn ... with Jasmuheen

A phoenix rises from the ashes transformed from what was, to a new version of itself, having been stripped bare, remodelled and made new to then rise out of seeming devastation and chaos. Yet without the chaos the rebirth could not take place.

In his "New Earth" book and DVD's, Eckhart Tolle talks about the need for people to identify more with their Essence nature - what he calls the stream of life - and less with their life situation, that stepping back into that stream, allows us to be more detached and able to see clearly what we can adjust in our life situations so that we are less affected by external situations and thus more effective in life. Like so many of us have shared, Eckhart encourages us to relax and also enjoy all the changes in our world as everything is stimulating a rebirth for our civilisation. To Eckhart, the loss of money, of loved ones, or health; are only frightening when we get caught up in that particular life situation to the degree that we no longer experience the true Essence of life that we can feel when we stay present in each moment.

As metaphysicians – those who study the science of life – we know this. We've read all the books, applied all the wisdom they contain, that spoke to us in some way and inspired us.

Or have we?

As if almost just to check that we have applied the wisdom experientially, until it has become a living truth for us, it seems that the laws that govern the quantum field test us to see if we can stay anchored in our vital Essence nature.

Losing my step-daughter last year to cancer was one of my tests as our family all dealt with this in different ways and so required different levels of support. Yet detachment was vital for us as we took her choice of transcendence to the bigger picture level of understanding. Knowing that her Essence was having a very particular experience this life, we all grew so much as a consequence of living through this with her and then lovingly letting go as her Essence left this plane.

Like many I have watched and also experienced financial situations atrophy with the Global Financial Crisis and changing markets as currency and property values, and investments generally, have fallen in worth to reflect the uncertainty of our changing times as our economic structures are rebalanced and reborn.

To be able to sail through the chaos that can come in life, and remain relaxed, clear and unaffected, knowing that true riches come from the heart of our Essence nature, is an incredible gift of freedom.

Life situations change yet our vital life stream does not; for at Its core It is consistently powerful and pure - only our experience of It changes. When this vital life force of our Essence is strong within us we are richer than we could ever imagine, when its pulse within us is ignored, our lives reflect this as the changing situations in life draw us into their flows of illusion and limitation.

We know through our experiences in meditation that when we still ourselves, be present in the moment - open to, and aware of, and basking in, our Essence energy centre - that not only are we more creative as a result but that we also gain greater clarity and insights so that we can deal with all life situations much more effectively without the emotional highs and lows that can come when we identify too much with this illusory world of our personality's creation.

Throughout our 2012 tour time this was very much the theme that kept coming through – identification. When we identify ourselves as pure Essence beings having a human experience and align with and be that pure presence, nothing can be a problem, as life in this world is seen for what it is and so we are emotionally held in a space of deep peace and contentment touched with spontaneity, creativity, clarity and even bliss and joy.

When life situations engross us too much and pull us back into our personality self and this becomes our main identification, then at times our humanness and the challenges of life can overwhelm us.

Now more than ever before, in this period of rebirth and renaissance that humanity is undergoing, the greatest service we can provide for ourselves and each other is to stay anchored – via our lifestyle - to the Essence channel. It is in this energy stream that we are the most effective.

Consequently, this year we will be gathering our first intake of Ambassadors of Peace who will be trained to offer the Embassy's Luscious Lifestyle Program (L.L.P) around the world. This education program has the ability to alleviate all suffering in the world as the Luscious Lifestyle Program aligns people back to their own pure Essence channel.

General Data on Jasmuheen's Events – Jasmuheen's seminars and retreats are a wonderful opportunity to gather together with like-minded people from all over the world. Sharing well researched and also channelled data; Jasmuheen tunes to the group divinity to bring through exactly what each gathering requires, allowing each attendee to go into deeper states of meditation where they can access more of their own divine Essence with Its profoundly creative love and wisdom flows.

While her 2013 focus is on Upgrades, each gathering is as unique as each individual and the general focus of all of Jasmuheen's work is often on:-

1. Self Mastery & Self Sovereignty – working with Quantum field intelligence.
2. The freedom that Unity consciousness delivers.
3. Manifesting the Divinity we are, in harmony with all.
4. Pranic Living – increasing our personal chi flow transmissions so that we become givers rather than takers in this world,
5. and decreasing our dependence on the world's resources by increasing our dependence on the divine resource within.
6. Fulfilling the pragmatic programs of The Embassy of Peace with its 12 Pathways of Peace, plus
7. Jasmuheen works with the group divinity to provide inspirational meditations, tools and techniques to gain perfect personal clarity, wisdom and insight to achieve the above and more.
8. Throughout 2013, Jasmuheen will continue working with the Angelics who are now bringing through higher light science sonic codings of very refined vibrations. For an example of this you may enjoy her [Angelic Heart Tones](#) – video for unifying left & right brain hemispheres.

Data re the evening event:- An evening with Jasmuheen is always a special event as she provides powerful tools in each gathering for all to be able to follow their intuitive guidance more easily and to be able to know the will of their Divine Essence. She also provides a wonderful way to be able to nourish ourselves physically, emotionally, mentally and spiritually by tapping deeper into and aligning with this Essence. At this time of great change in our world, being able to flow through life with Grace and clarity is an incredible gift to possess. This wonderful event with Jasmuheen will be a mini-workshop with the sharing of uplifting tools and information, time for questions and answers plus an empowering meditation.

Deciding whether to come: As we advise everyone, who is thinking of attending a retreat with Jasmuheen, please check in meditation and see if it feels right to come. If it does then ask the intelligent Universal Field and the Divine One Within you to clear the way so you can attend with joy and ease. Ask that the money comes to you, or babysitters for your children, or whatever you need. If you are meant to be part of these wonderful gatherings, with beautiful like minded people, then the way will be made clear.

Ask the Universe to bring you what is required to join us in a city near you as we travel this year.

To find out if I will be in an area near you go to
<http://www.jasmuheen.com/event-tour-calendar/>