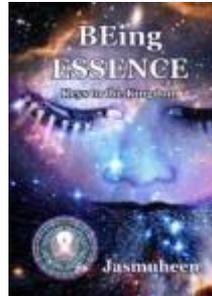


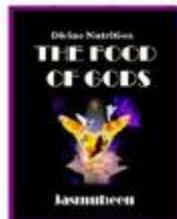
Jasmuheen EMBASSY OF PEACE

... accelerating benevolence ...

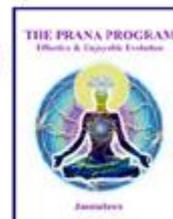
<http://www.jasmuheen.com/living-on-light/>



BEING ESSENCE - NEW! Published August 2012. In Being Essence, Jasmuheen shares of her lifelong love affair with her Essence with Its ability to nourish us and bring our world into a state of permanent peace. Via the profoundly powerful yet simple techniques and insights that she now provides in this her 37th book, Jasmuheen lovingly fulfills her role as an Ambassador of Peace for The Embassy of Peace. She writes:- In this manual we share simple yet profound truths that will also bring the controversial **Breatharian reality** in a deeper, clearer perspective. We will also offer **simple techniques for the creation and revelation of the 'Paradise – Kingdom of Heaven' type realms**. Yet in Essence it is all about our Essence, for it is our Enlightened Essence that gives us this freedom to be nourished on all levels, in such a different way. And when a human being is well nourished from deep within by their Essence, then they too radiate this pure nourishment wherever they go, wherever they are and so our world transforms itself into the Garden of Eden that it too, was always destined to be.



**Recommended
reading for
Pranic Living**



Research manual 1:- **The Prana Program - Enjoyable & Effective Evolution** with Jasmuheen - Everything you need to know about prana. Alternate Energy for the New Millennium, including a practical Prana Program for eliminating hunger in Third World Countries. Can we eliminate all health & hunger challenges on our planet? Is there a way of satiating everyone's physical, emotional, mental and spiritual hungers so that our work can enjoy peace and harmony? After over a decade of experiential research in the field of alternate nourishment utilizing chi or prana – also known as cosmic particles – Jasmuheen as leading researcher in this field, now puts forth a program to do just that. The Prana Program e-book is an encyclopedia type compendium of 'everything you always wanted to know about prana and more styled in Question & Answer format. Click [here](#) for more on this book.

Research manual 2:- **The Food of Gods** - Everyone is hungry for something - health, wealth, happiness, love, peace or even retribution and war. In this book Jasmuheen explores the Dimensional Biofield Science and its gift of Divine Nutrition, a source of nourishment that can eliminate earth's emotional, mental and spiritual anorexia and satisfy all of our personal hungers.

HOW? By changing our brain wave patterns, by adopting a specific lifestyle to change our field resonance and by utilizing both ancient wisdom and modern day science tools that are outlined in this book. Powerful solutions, and meditations and tools on how to nourish all our hungers and eliminate our physical, emotional, mental and spiritual anorexia so that we can all be healthy and happy and peaceful and prosperous. In this book Jasmuheen offers a softer safer way to tune the body to the pranic channel and free ourselves from our hungers. Click [here](#) for more on this book.

NEW! Breatharian Pathways – Memories & Motivations. In this book Jasmuheen finally shares her memories and motivations around her public work with living on prana. From her times with Jesus, and the disciple Luke, to her times in Cathar country and being starved to death during the inquisition, to the life of a woman in India whose

great loss revealed the Breatharian way; to dealing with Sadhus and sages in India modern day - all of this and much more Jasmuheen shares in this book as well as finally revealing the details of some of her most spectacular media trials as she continues to educate the world into this phenomena. She writes: "Is it too much to believe that there is a wise and loving force behind creation? Or that great love brought creation into being, that great love breathes us and gives us life and that great love can heal and guide, as so many have attested? Knowing this, is it too difficult to believe that this wise and loving force that exists within and around us, can also nourish our physical bodies with their breakfast, lunch and dinners?". Click [here](#) for more on this book.



Additional Research :-

Research manual 3:- **The Law of Love** - An extensive 238 A4 page manual filled with powerful life transforming meditations which also details the Ancient Taoist Masters techniques for Immortality plus Futuristic Science tools of Inter-Dimensional Matrix Mechanics for Jasmuheen's Freedom from Human Limitation Agenda. This research covers freedom from the need to age or create dis-ease; freedom from the to take food or liquid as we learn how to create a self sustaining bio-system; freedom to express our Divine nature and all its gifts and glories ... plus tested methods for determining our personal readiness levels for these freedoms! Click [here](#) for more on this book.

Pranic Nourishment - *Nutrition for the New Millenium* - detailing Jasmuheen's fourth book which details her journey and experiences plus a detailed 21 day process, that allowed her to be physically sustained by the chi of life. Click [here](#) for more on this new 2012 updated book.

Jasmuheen writes: - Please note that I can no longer support the 21 day process as we have found that it is too quick for most people on an emotional body level and that many do not follow the guidelines offered in the Living on Light (Pranic Nourishment) book. It also cannot guarantee your transition into living purely on prana and has a 10% long term success rate. Your only guarantee into this successfully, is your personal frequency which sets up a natural magnetic attraction into this reality once the mental paradigm is tuned. Hence we promote the slower, safer methodology as outlined in the book "The Food of Gods" which we have found has a 70% long term success rate as it is gentler to the bodies and allows for a more harmonious long term social integration. **To undertake this 21 DAY INITIATION journey without specific preparation & the right calibration is dangerous.**

- YouTube video on the [21 day Process](#)

In Resonance: - The information and meditations in this book are how Jasmuheen tuned herself over a period of 20 years before she began to live purely on prana. Utilizing the wisdom of the ages, "In Resonance" was written as a timeless manual for both personal self empowerment and self mastery. "In Resonance", is filled with inspirational information of both experiential research and channelled guidance from Jasmuheen and the Ascended Ones. The predominant focus of this book is on bridging the worlds of science and religion, the realms of the physical and etheric, plus the cultures of the east and west. "In Resonance" offers practical tools utilizing simple and also more complex meditations, specific programming techniques for tuning, mind mastery for reality creation and creating a purposeful and passionate existence. It addresses issues from meditation to telepathy and Universal Laws plus the existence of the Brotherhoods of Light. Click [here](#) for more on this book.

FREE E-books on this subject:

Ambassadors of Light : World Health World Hunger Project: - In this book Jasmuheen offers practical solutions to world health and world hunger related challenges, via the 'Luscious Lifestyles Programs' and via effective ways to redirect global resources. This manual also entails an in-depth look at the forgiveness of Third World debt, and at fundraising for social welfare programs through global disarmament, the dissolution of prohibition, holistic re-education programs and the elimination of the need for personal pharmaceutical use through the practice of preventative medicine. Click [Ambassadors Of Light](#) to download this free research manual.